

SOUTHERN TIER SWIM LEAGUE DEVELOPMENTAL MEET SCHEDULE
EASTERN DIVISION
SUMMER 2009

MEET # 1		SAT. MAY 30 AT: WINDSOR HIGH SCHOOL		HOST: STSC	
SESSION 1:		WARM-UPS: 9:00 AM		MEET: 10:00 AM	
GIRLS	EVENTS		BOYS		
1	8&UNDER	25 BACK	2		
3	10&UNDER	50 BACK	4		
5	8&UNDER	25 FREE	6		
7	10&UNDER	50 FREE	8		
9	8&UNDER	25 BREAST	10		
11	10&UNDER	50 BREAST	12		
13	8&UNDER	100 FREE RELAY			
14	10&UNDER	200 FREE RELAY	(RELAYS MAY BE CO-ED)		

SESSION 2		WARM UPS: 1:00 PM		MEET: 2:00 PM	
GIRLS	EVENTS		BOYS		
15	SENIOR & 13&14	100 BACK	16		
17	11&12	50 BACK	18		
19	SENIOR & 13&14	100 FREE	20		
21	11&12	50 FREE	22		
23	SENIOR & 13&14	100 BREAST	24		
25	11&12	50 BREAST	26		
27	SENIOR & 13&14	100 FLY	28		
29	11&12	50 FLY	30		
31	SENIOR & 13&14	200 FREE RELAY			
32	11&12	200 FREE RELAY	(RELAYS MAY BE CO-ED)		

MEET # 2		SAT. JUNE 13 AT: OWEEGO FREE ACADEMY		HOST: GOST	
SESSION 1		WARM-UPS: 9:00 AM		MEET: 10:00 AM	
GIRLS	EVENTS		BOYS		
33	10&UNDER	50 FLY	34		
35	8&UNDER	25 FLY	36		
37	10&UNDER	100 IM	38		
39	8&UNDER	50 FREE	40		
41	10&UNDER	100 BACK	42		
43	8&UNDER	25 BACK	44		
45	10&UNDER	200 IM	46		
47	8&UNDER	50 BACK	48		
49	10&UNDER	200 MEDLEY RELAY			
50	8&UNDER	100 MEDLEY RELAY	(RELAYS MAY BE CO-ED)		

SESSION 2		WARM UPS: 1:00 PM		MEET: 2:00 PM	
GIRLS	EVENTS		BOYS		
51	SENIOR & 13&14	200 BREAST	52		
53	11 & 12	100 BREAST	54		
55	SENIOR & 13&14	200 IM	56		
57	11&12	100 IM	58		
59	SENIOR & 13&14	100 BREAST	60		
61	11&12	100 FREE	62		
63	SENIOR & 13&14	200 FREE	64		
65	11&12	200 MEDLEY RELAY			
66	SENIOR & 13&14	200 MEDLEY RELAY			

MEET # 3 WED. JUNE 24 AT: CHENANGO VALLEY HIGH SCHOOL HOST: CVSC
10&UNDER

WARM-UPS: 5:15 PM

MEET: 6:15 PM

GIRLS	EVENTS	BOYS
67	10&UNDER 50 BREAST	68
69	8&UNDER 25 BREAST	70
71	10&UNDER 100 IM	72
73	8&UNDER 100 IM	74
75	10&UNDER 100 BREAST	76
77	8&UNDER 50 BREAST	78
79	10&UNDER 100 FREE	80
81	8&UNDER 25 FREE	82
83	10&UNDER 50 BACK	84
85	8&UNDER 25 BACK	86
87	10&UNDER 100 FLY	88

MEET # 4 WED. JULY 1 AT: WHITNEY POINT CEA HOST: WPSC
11 & OVER

WARM-UPS: 5:15 PM

MEET: 6:15 PM

GIRLS	EVENTS	BOYS
89	11&12 200 IM	90
91	SENIOR & 13&14 400 IM	92
93	11&12 100 BACK	94
95	SENIOR & 13&14 200 BACK	96
97	11&12 100 FLY	98
99	SENIOR & 13&14 100 FLY	100
101	11&12 50 FREE	102
103	SENIOR & 13&14 50 FREE	104
105	11&12 50 BREAST	106
107	SENIOR & 13&14 200 FLY	108
109	11&12 200 FREE RELAY	
110	SENIOR & 13&14 200 FREE RELAY	

DISTANCE MEET WED. JULY 8 ALL AGE GROUPS WARM-UPS 7:00pm Meet 7:30pm

AT: GEORGE JOHNSON MEMORIAL PARK

HOST: UNAC

*****THIS WILL BE A LONG COURSE METER MEET**

GIRLS	WARM-UPS: 5:15 PM	MEET: 6:15 PM	BOYS
	EVENTS		
111	10 & UNDER	200 FREE	112
113	SENIOR	400 FREE	114
115	SENIOR	800 FREE	116
117	SENIOR	1500 FREE	118

STSL CHAMPIONSHIP MEET

DATE: SAT. JULY 18

AT: LANSING HIGH SCHOOL HOST: LCAT

SESSION I 9&10, 11&12 WARM UPS: TBA MEET: TBA
SESSION II 13&OVER, 8&UNDER WARM UPS: TBA MEET: TBA
SESSION III 13&OVER, 8&UNDER WARM UPS: TBA MEET: TBA

**Start times will be in champ meet info; number of sessions depends on number of entries